

**ADARSH VIDYALAYA MOWA**  
**HOLIDAY PRACTICE WORK / SKILL DEVELOPMENT ACTIVITIES (2023-24)**  
**CLASS – VII**

**General Note:**

- 1. All the assigned work will be assessed and graded.**
- 2. All vacation Practice work need to be done in class work copy.**
- 3. Assessment of reading will be done in every exam.**
- 4. Students should learn Hindi and Sanskrit pledge.**
- 5. Parents are requested to:**
  - **Spend time & have meals together with your ward.**
  - **Motivate your ward to inculcate the habit of “READING HINDI & ENGLISH Literature (Newspaper, Comics etc.)**
  - **Allow them to be independent (age wise) in their daily tasks like:**
    - **Arrange shelves**
    - **Washing their own plates**
    - **Watering plants & weeding Garden**
    - **Hang/fold clean clothes**
    - **Dust furniture**
    - **Do simple mending (hems, buttons, etc.)**
    - **Shop for groceries with list**
    - **Iron clothes etc.**
- **Include your ward while preparing monthly budget.**
- **Share your family history & your childhood memories with them**

## SUBJECT – ENGLISH

1. Write a paragraph, describing about the place that you have visited during summer vacation.

You can describe by taking help from the hints given below:

- Describe what you have seen there along with the pictures.
- What have you learnt in that place?
- With whom you have visited the place?

2. Prepare a creative chart on Modals, Conjunctions, Verbs, and Adjectives.

3. Read the supplementary chapter-2. Bringing up Kari and chapter-3. Golu Grows a Nose and also write a synopsis of the chapter.

- Revise all the work done till date.

## SUBJECT – HINDI

**मौखिक - पाठ 1** "हम पंछी उन्मुक्त गगन के

पाठ 2 हिमालय की बेटियाँ (उपरोक्त पाठों को पढ़ना एवं पाठ के

अभ्यास प्रश्नों के उत्तर को याद करना।)

संक्षिप्त महाभारत कथा में आदि पर्व के अंतर्गत वंश परिचय से खांडव दाह तक अध्यायों को पढ़ना।

**लिखित - 1.** एक से सौ तक हिन्दी में गिनती अंग्रेजी एवं हिन्दी अंकों के साथ लिखिए।

2. हिन्दी महीनों के नाम अंग्रेजी महीनों के

नाम से तुलना करते हुए लिखिए।

3. पर्यायवाची शब्द की परिभाषा लिखकर

कोई 10 शब्दों के तीन-तीन पर्यायवाची

शब्द लिखिए।

4. तत्सम एवं तद्भव से आप क्या समझते हैं?

उदहारण द्वारा स्पष्ट कीजिए।

**अनुच्छेद - 1.** परिश्रम का महत्व

2. हमारे राष्ट्रीय पर्व

**क्रियाकलाप**

1. आप रोज स्वादिष्ट खाना खाते हैं, लेकिन क्या आप जानते हैं? कि बीज से लेकर आपकी थाली तक यह व्यंजन कैसे पहुँचा? अपनी पसंद के किसी एक खाद्य पदार्थ की आत्मकथा लिखिए।

2. रोज समाचार पत्र पढ़ें और नये शब्द काटकर अपने हिन्दी की कॉपी में चिपकायें साथ ही साथ उनका अर्थ भी लिखें।

## SUBJECT – SANSKRIT

टीप – सभी प्रश्न कापी में करना अनिवार्य है।

1– संख्या – 1 से 50 तक गिनती संस्कृत में लिखिए ।

2– शब्द रूप– पुल्लिंग– मुनि, अस्मद्, युष्मद्

3– धातु रूप– दृश्, वस् एवं कृ को पाँचों लकार में लिखिए ।

4– अपने पाठ्य पुस्तक रुचिरा से कोई 3 सुभाषितानि श्लोक अर्थ (अनुवाद) सहित याद किजिए ।

5– मेलयत् ।

क	ख
प्रथम पुरुष	अहम्, मम
मध्यम पुरुष	सः, सा
उत्तम पुरुष	त्वम्, युवाम्,

6– समय संस्कृते लिखत ।

(क). पांच बजे (ख). साढ़े सात बजे (ग). सवा छः बजे (घ). पौने आठ बजे  
(ङ) साढ़े बारह बजे

7– स्वर सन्धि की परिभाषा, प्रकार और प्रकारो के 5–5 उदाहरण लिखिए ।

## SUBJECT – MATHEMATICS

- 1) Record the temperature of 5 cities in India on a particular day, then mark the lowest and the highest temperature on number line.
- 2) Draw a flow chart to represent the types of fractions.
- 3) Paste the pictures of 3 monuments that do not have line of symmetry.
- 4) Draw the bar graph for number of holidays of each month from April 2023 to September 2023.
- 5) Write 3 real-life examples of each of the ray, line, line segment, parallel lines and intersecting lines.
- 6) Paste any two pictures and find the area and perimeter for each one of them.
- 7) Write an expression:
  - (a) Add 43 to a number then multiply by 2.
  - (b) Subtract 14 from a number.
- 8) Add 9.86 and 8.2 and subtract 7.6 from the result.
- 9) Write and learn the tables from 2 to 20.

## **SUBJECT –SCIENCE**

1. What will happen to life on earth in absence of photosynthesis?
2. What are the causes of fire in electric circuit? Give the solution to resolve this cause.
3. Work on your self healing power and write various ways to boost your immune system.
4. Why can't animals make food from carbon dioxide , water and sunlight like plant do?
5. Give two examples of each
  - A. Acid found in plant
  - B. Acid found in animals
  - C. Natural indicator
6. Diagram
  - A. Draw a flowchart depicting various stages of human digestive system along with the organ involved.
  - B. Draw the symbols of electric components.
  - C. Draw the types of pollination in plants
7. Model
  - A. Make a conduction tester circuit.
  - B. construct kaleidoscope to observe the various color pattern.
  - C. Prepare a 3D model of transportation in animal.Above three models are classified
  - D . Prepare a innovative project based model on waste water management.

## **SUBJECT – SOCIAL SCIENCE**

- 1. On Political Maps of India locate the following-**
  - A) States and its capital
  - B) Union Territories and its capital
  - C) Neighbouring countries of India
  - D) Neighbouring states of Chhattisgarh
  
- 2. On a world map locate all the continents and oceans.**

### 3. Make model on given topics as per your class and section mentioned-

VII A – Working model of a Volcano

VII B – Working model of Water Cycle

VII C – Biosphere

VII D - Natural Environment and Man-made Environment

### **SUBJECT – INFORMATION TECHNOLOGY (IT)**

1. Explore the Internet and collect information about windows 7 and windows 10 operating system.
2. Enlist the different views of Files and Folder.
3. Mention the uses-
  - a) Appearance and Personalisation
  - b) Ease of access
4. Draw any three charts in excel 2016.
5. Competency based question:-

S.no	Item	Quantity	Rate per item	Total
1	Pen	45	8	
2	Chair	12	400	
3	Fan	16	900	
4	Book	15	750	

Fill the Total column in this table by using the appropriate formula.

### **SUBJECT – GENERAL KNOWLEDGE (GK)**

#### COMPLETE THE WORDS:-

1. The life story of a person written by someone else. B \_\_\_\_\_ G \_\_\_\_\_ A \_\_\_\_\_ H \_\_\_\_\_
2. A verse arranged in lines according to patterns of sound, rhythm and meaning. P \_\_\_\_\_ R \_\_\_\_\_
3. A short story that contains animals as characters and has a moral. \_\_\_\_\_ A \_\_\_\_\_ L \_\_\_\_\_
4. A long story about imaginary characters and events. N \_\_\_\_\_ E \_\_\_\_\_
5. A long poem narrating the deeds and adventures of legendary or historical heroes. \_\_\_\_\_ P \_\_\_\_\_

**IDENTIFY THE PICTURES:-**

6. This is a huge statue at the peak of Mount Corcovado in Brazil



7. This is a painted bust of an ancient Egyptian queen. It is kept in a museum in Germany.



8. These are more than 6000 life size figures of soldiers and horses found in China.



**FIND THE LOCATION:-**

9. Fatehpur Sikri is located in \_\_\_\_\_.
10. Akbar's Tomb is located in \_\_\_\_\_.
11. The Centre for Cellular and Molecular biology is situated at \_\_\_\_\_.
12. The railway staff college is located in \_\_\_\_\_.
13. National institute of nutrition is located in \_\_\_\_\_.

**FILL IN THE BLANKS:-**

14. \_\_\_\_\_ is known as the land of white elephants.
15. The Hanging Gardens said to exist in \_\_\_\_\_.
16. \_\_\_\_\_ snakes are found in Australia. They have thick body, short tails and broad heads.
17. Today's Gurumukhi, Dogri and Sindhi scripts have developed from \_\_\_\_\_ script.
18. \_\_\_\_\_ and \_\_\_\_\_ are popular exponents of Kathak.
19. There are \_\_\_\_\_ major classical forms performed in India.
20. \_\_\_\_\_ and \_\_\_\_\_ are the major exponent of Kathakali.
21. Number of \_\_\_\_\_ sports were featured in the first Asian games held in India in 1951.
22. A long race that is completed by running or walking or a combination of both is \_\_\_\_\_.
23. An Indian cricket coach from Mumbai, he is a recipient of the Dronacharya Award. Sachin Tendulkar was one of his students. He is \_\_\_\_\_.
24. \_\_\_\_\_ novel became the first book in an Indian language to win the International Booker Prize.

**THE CURRENCY OF THE FOLLOWING COUNTRIES:-**

25. Brazil
26. Bangladesh
27. Italy
28. Ecuador
29. Iran

**NAME THE FOLLOWING:-**

30. Nicknamed as the tiger, this cricketer was the Indian team captain at just 21 year of age \_\_\_\_\_.
31. The Indian sign language dictionary mobile application launched in September 2022-
32. The largest ship ever built in India's maritime history-
33. The first state in the country to have two green energy efficient cities-
34. 14<sup>th</sup> Vice President of India-
35. The term dribble is used in \_\_\_\_\_.
36. The material traditionally used in the paintings are cow dung, red mud, rice paste and a paint-brush made by chewing one end of a bamboo stick. \_\_\_\_\_.

37. The folk painting is named after the region of its origin, a name that literally means 'forest of honey'. \_\_\_\_\_
38. The name of this folk art literally means 'picture on a cloth canvas'. \_\_\_\_\_

**ANSWER IN ONE WORD:-**

39. Which is the first computer manufactured in India? \_\_\_\_\_
40. Which is the first counting machine? \_\_\_\_\_
41. The famous horn bill festival is celebrated in \_\_\_\_\_.
42. Hariprasad Chaurasia is famous for \_\_\_\_\_ .
43. How many octave are there in music?
44. Vishnu Narayan Bhatkhande is born in \_\_\_\_\_
45. Bharatanatyam is a dance form of \_\_\_\_\_.
46. There is a tradition of offering prayers to Lord Jagannath through a dance called \_\_\_\_\_
47. How many Swaras are there in music?
48. The theme of World Health Day 2022 is \_\_\_\_\_.
49. Protein is found in nails \_\_\_\_\_
50. Bismillah Khan is famous for \_\_\_\_\_.
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